

# Emergency Preparedness

## First Aid

### First Aid

Create a first aid kit for your home and each of your vehicles.

- Bandages - adhesive
- Gauze and sterile dressing
- Antiseptic wipes, anti-bacterial ointment, hand sanitizer
- Latex gloves
- Scissors, tweezers, adhesive tape
- Peroxide or rubbing alcohol

### Non-Prescription Drugs

- Pain relievers (Advil, Aspirin, Tylenol, etc.)
- Antacids
- Anti-diarrhea and laxative medicine
- Activated charcoal – for use per advisement from American Association  
Poison Control Center.